

Sample Frequency Chart

Behavior: Hits others	Post-strategy Dates:			Pre-strategy Dates:		
Times:	January 1	January 3	January 24	January 24	January 25	January 26
7am-9am						
9am-11am					n/a	
11am-1pm				n/a	n/a	
1pm-3pm						
3pm-5pm					n/a	n/a
5pm-7pm				n/a	n/a	
7pm-9pm						
Totals:	59	55	45	13	7	9

You'll write in dates up here!

Make life easy with tally marks!

Do total counts down here!

This sample log shows you how many times the child did the problem behavior before his parents tried any strategy (59 times, 55 times, and 45 times on 3 random days).

Then they tried a strategy for a few weeks.

Then they took more data and saw that the behavior was happening way less! Success!!

Blank Frequency Chart

Behavior:	Pre-strategy Dates:			Post-strategy Dates:		
Times:						
Totals:						

